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Flu shots: Onsite preventive wellness services

Employers offering onsite wellness screenings are able to add flu shots to fall screening events (held September through December).

Through Quest Diagnostics Health & Wellness, it is now easier for employers to expand the scope of the onsite preventive services they offer employees as part of their wellness program.

Tackle flu season and avoidable expenses

According to the Centers for Disease Control and Prevention, the best way to prevent seasonal flu is an annual flu vaccine. Each year, it is estimated that 1 in every 5 Americans contracts the flu, resulting in 200,000 hospitalizations, more than 200 million days of diminished employee productivity, 75 million days of absenteeism, and over \$10 billion dollars spent on avoidable healthcare expenses.¹ Employers can help their employees stay healthy while lowering healthcare costs by providing onsite flu shot programs.

We make offering flu shots easy

Flu shots are among the most common employer-sponsored wellness services. Now, rather than contracting and planning with a separate vendor, clients can add flu shots to their existing Quest Diagnostics Health & Wellness contract.

We recommend that flu shot events be scheduled separately from onsite screenings to maximize the efficiency of each. Where employers have planned their screening programs between mid-October and December, we can also coordinate the two so that flu shots are available before the peak flu season.

A marketing toolkit is available to help employers build awareness of and participation in onsite programs. Once the flu shot program is complete, clients will receive an electronic record of participants who were vaccinated using the same data that will be used for invoicing.



Why provide onsite flu shots?

- Provides a low-cost and convenient means for employees to get immunized
- Improves vaccination rates in the employee population
- Reduces the risk of absenteeism resulting from flu-related symptoms
- Healthy, productive employees contribute favorably to employers' healthcare costs in the short and long term

Additional access for those who cannot attend events

Retail vouchers that can be redeemed nationwide are also available as an alternative to reach employees who may not be able to access onsite flu shots.

For more information visit
QuestForHealth.com or call
1.866.908.9441.

1. Molinari, N.A.M., Ortega-Sanchez, I.R., Messonnier, M.L., Thompson, W.W., Wortley, P.M., Weintraub, E., & Bridges, C.B. (2007). The annual impact of seasonal influenza in the US: measuring disease burden and costs. *Vaccine*, 25(27), 5086-5096.